

In Search of Northern Mysteries

July 26 to August 9, 2024

with Sarnia Guiton and
Jørgen Lunde

Join us next summer on a small ship for this magnificent voyage along the spectacular coast of Norway to the Land of the Midnight Sun.

There is so much to experience and appreciate. Soak up the sense of peace, breathe the clean fresh air, nurture the soul with the natural beauty, nurture the body with the imaginative local food, nurture the conscience knowing we are on an ecologically sustaining ship that will do no harm to the fragile nature of the fjords. Norway has a reputation for being expensive, which still applies, but by booking early, we can get reasonable prices for hotels and cabins on the ship. A heatwave in Norway is comfortable for us. We'll be sailing across the Arctic Circle where, even in the summer, it's cold and warm clothing is necessary. Another 'once in a lifetime' experience will be continual daylight and no night in these summer months.

For those who choose to participate, this is also an opportunity to explore the Norse Myths and Legends in their own setting. We'll study The Dream Song of Olaf Asteson, the Voluspa, text of the stories of the Norse Gods, and Rudolf Steiner's lectures pertaining to them with Jørgen Lunde, a retired Norwegian Waldorf teacher with a love for his heritage.

These summer dates have been chosen to enable Waldorf teachers, preparing for Class 4, to study in depth this curriculum material established by Rudolf Steiner. Norse mythology holds a special place in the Waldorf curriculum. It reflects the ancient religion of northern Europe. Steiner taught that ancient humans possessed natural clairvoyance allowing them to directly perceive the 'gods'. According to Steiner, Norse myths give particularly accurate accounts of spiritual realities.

'Myths and sagas are not just 'folk-tales'; they are the memories of the visions which people perceived in olden times ... Human beings were aware of the spiritual both by day and by night. No other mythology gives a clearer picture of evolution than Northern mythology.' –Rudolf Steiner

'I've always preferred mythology to history. History is truth that becomes an illusion; mythology is an illusion that becomes reality.' –Jean Cocteau

Come and explore with us as we sail through these magnificent fjords in a new, eco-friendly ship. www.havilavoyages.com/the-ships/eco-friendly-ships

For more information, please contact Sarnia Guiton:
sarnia.guiton@gmail.com | www.sophiaservices.ca



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ITINERARY

B Breakfast L Lunch D Dinner included as shown

- Fri. 7/26 We meet in Oslo at the Gabelshus Hotel. L D
- Sat. 7/27 Gather at 11:00 to take taxis to the station for the 12:03 train from Oslo to Bergen – one of the most beautiful train journeys in the world – café on board – arriving at 19:06 – transfer to Augustin Hotel. (2 nights) B
- Sun. 7/28 Free day to explore Bergen – e.g. Fantoft Stave Church – Norwegian Knitting Museum – walking tour or independent walk in Bryggen, the historical Bergen and a UNESCO protected site. B
- Mon. 7/29 Morning – optional visit: Bergen Waldorf School – further exploration of Bergen.
Afternoon – join group for bus transfer to Havila Voyage terminal check in and find our cabins.
20:30 sail from Bergen. B D
- Tue. 7/30 to Thu. 8/8 Sailing north from Bergen, we visit dramatically beautiful fjords, cross the Arctic Circle to the Lofoten Islands, and on to Kirkenes at the ‘top of the world’. We then sail back to Bergen via the fjords we passed on the way north. On board B L D

Full itinerary at www.havilavoyages.com/voyages/round-voyage-bergen-kirkenes-bergen

There are many possible excursions when the ship is docked for sufficient time, or when we can depart from one port and rejoin at the next. www.havilavoyages.com/excursions. These are your choice and not included.

- Fri. 8/9 10:00 Check out and disembarkation – bus transfer to train station or hotel. (incl.).

Our journey together ends here.

The following option(s) can be booked for you but are not included:
Further night(s) at Augustin Hotel in Bergen or –
Fri. 8/9 – 11:43 am train departs for Oslo – arrives at 19:05 for flights home or further night(s) at Gabelshus Hotel.



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MANY THINGS TO THINK ABOUT – ESSENTIAL INFORMATION

IN EUROPE IT IS NOW CUSTOMARY TO HAVE 'DYNAMIC' PRICING. THIS MEANS THAT PRICES CHANGE AT ANY TIME ACCORDING TO DEMAND – SOMETIMES DAILY. REQUESTS FOR BOOKING MAY POSSIBLY INCUR DIFFERENT PRICES, LOWER OR HIGHER, FOR CABINS AND HOTELS.

THE BASE PRICE IS US \$3880 (DEPOSIT \$400) per person, sharing a room/ cabin and the SINGLE SUPPLEMENT IS US \$1850 – AS OF OCTOBER 24, 2023.

This includes shared rooms at hotels and in an interior cabin. Cabin upgrades or single occupancy are available at added cost. This varies at the time of booking – see above. Please enquire: sarnia.guiton@gmail.com

www.havilavoyages.com/the-ships/cabins

These prices are Havila Voyages' reduced SAVER prices.

www.havilavoyages.com/choose-your-price

This price requires paying for cabins in full at the time of booking with no changes or refund allowed. It is therefore advisable to have trip cancellation insurance in case of the unexpected.

Be aware that prices showing on the website can be misleading.

There is a Drinks Plan which can be arranged once on board the ship.

Children 15 and under are half price for the voyage. Children 12 and under are half price for excursions.

There are many possible excursions when the ship is docked for sufficient time, or when we can depart from one port and rejoin at the next. These are your choice and not included. On occasion it may be possible to visit some sites independently. The prices shown for excursions will **not** change. See booking form for further details. www.havilavoyages.com/excursions

The minimum number needed is 12. Once 12 booking forms and deposits have come in, I will begin making bookings. If the price has changed, I will contact you with that information and wait for your confirmation.

For those who cannot take the time for the first days, there are flights to Bergen that arrive in time for the 3:00 pm check in at the Havila Voyage terminal.

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