

Sophia Services presents ...

In Search of the Future —

A Tour of Discovery in Hungary, Romania and Bulgaria

July 28 to August 20, 2018

with **Eva Ujlaky,**
Dirk Kruse and others

Anthroposophy was planted in these Eastern European countries early in the last century. Communism kept it underground prompting it to grow strong roots. At the end of that era, it grew strong and firm above ground and blossomed with joy that it could now be free. We have known none of that in the West.

We will carry the awareness that the Slavs will lead the way in heart-thinking consciousness in the future. On this tour we will explore what has been happening anthroposophically in Eastern Europe in the last 25 years and, in Bulgaria, meet some of those on a similar yet different spiritual path acknowledged by Rudolf Steiner.

What do we have to contribute or bring back home from our experience?

Hungary: Tour Budapest and visit a new initiative nearby, a Waldorf farm-school developing new social ways of working together; then have four days at Hamor Waldorf School in Miskolc, that traditionally offers an annual international family summer camp and will extend to us Hungarian arts and crafts, cooking traditional dishes, folk music and song and dance as well as the more typical Waldorf activities, providing an opening to a view of global Waldorf education.

Romania: Visits to the famous wooden churches and Painted Monasteries of Bucovina with Alina Serbu, an anthroposophical guide; an anthroposophical biography workshop the Romanian way with George Oprea; explorations of the spirituality of Romania and spiritual ecology in nature with well-known anthroposophist, Dirk Kruse.

Bulgaria: Connect with the work of Peter Deunov, a contemporary of Rudolf Steiner and recognised by him; learn the basics of Paneurythmy; attend the Paneurythmy Festival in the Rila Mountains; hike with a Bulgarian who worked with Boyan Boev whom Steiner re-directed back to Peter Deunov.

Accommodation will be varied; in local traditional hotels, Communist era hotels and a mountain chalet.

For more information please contact.
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see over



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- July 28** Arr. Budapest; stay at European Youth Centre; 2 nights; B
- July 29** Visit new initiative with Eva Ujlsky
- July 30** Morning tour of Budapest; travel by train to Miskolc/Hamor; staying at Hotel Szeleta; 4 days/5 nights; B L D
- July 31 to Aug 3** Hungarian Waldorf workshops at Hamor Waldorf School & local sightseeing
- Aug 4** Travel day: bus from Miskolc across border into Romania Maramures area; visit an Ethnographic Museum in Negresti Oas; visit Merry Cemetery & Peri Monastery in Sapanta; stay at Gradina Morii Hotel in Sighetul Marmatiei; 1 night; B
- Aug 5** Visit wooden churches; Iza: icon on glass artisan workshop; Barsana Monastery; Rosavlea wood carving workshop in Barsana; Dragomiresti: Muzeul Tarancii Romane; stay at Coroana de Aur Hotel in Bistrita; 1 night; B
- Aug 6** Bus drive to Bucovina region; stop at Muzeul Ouălor Incondeiate for egg painting workshop; visit Moldovita; stay at Popasul Bucovina Hotel in Sucevita; 4 nights; B
- Aug 7** Visit Sucevita & Voronet Monasteries
- Aug 8** Visit Black Pottery artisan workshop in Marginea; Putna Monastery with medieval icons & Byzantine vestment embroidery museum; Cave of St Daniel; Dragomirna
- Aug 9** Anthroposophical biography workshop; with George Oprea
- Aug 10** Drive to Iasi; visit St George Monastery in Suceava and Probota Monastery; tomb of Parasceva; stay at Hotel Ramada in Iasi; 1 night; B D
- Aug 11** Bus to Brasov; visit Piatra Neamt & fortified Saxon church in Prejmer (UNESCO heritage site); stay in Hotel Coroana in Brasov; 2 nights; B
- Aug 12** Bran Castle; Christian Rosencreutz; drive to two ancient cavern sanctuaries, Namaiesti and Schitul Negru Voda
- Aug 13** Drive to Sibiu; visiting Sambata des Sus Monastery if time; meet Dirk Kruse; visit Sibiu & Paltinis; stay at Hotel Imparatul Romanilor in Sibiu; 1 night; B
- Aug 14** Visit Prislop & Densus; drive to Craiova through Retezat mountains; stay at Hotel Casa cu Tei in Craiova; 1 night; B
- Aug 15** Travel day: visit House on the Hill in Craiova; bus to Sofia, Bulgaria; stay at Hotel Park Moskva; 2 nights; B
- Aug 16** Paneurythmy lesson; tour of Sofia including Deunov Rose Garden & other revered sites; B
- Aug 17** Paneurythmy lesson; bus to Panichishte via Rila Monastery; lift to Rila Lakes Hut; 3 nights; B
- Aug 18,19** Hiking 7 Rila Lakes area; Paneurythmy; B
- Aug 20** Bus to Sofia; 1 ½ hr drive to airport for flights home



Included: all transport (mostly private bus) and admissions, English speaking anthroposophical guides, Paneurythmy lessons, all group tips. Some days only breakfast will be included but on others lunch and/or dinner will also be provided. B breakfast; L lunch; D dinner

Not included: international flights, travel insurance (medical is mandatory), snacks & beverages and any other items of a personal nature.

Land only: US \$2430 or, if only 20: US \$2620. This may be subject to fluctuation of currencies and unexpected fuel surcharges.

Single supplement \$280

Booking deadline April 30, 2018.

Non refundable deposit of \$500 will hold your place in the group. Full payment due 8 weeks before departure: May 31, 2018.