



## Code of Conduct | In Search of the Centre—in Depth

Email: [sarnia@sophiaservices.ca](mailto:sarnia@sophiaservices.ca)

If you are not an American or Canadian citizen, you are responsible to find out if you need a visa and, if so, to get it before departure.

You are responsible for making sure you have the joining instructions before leaving home.

You are responsible for making sure your flight arrival date and time are known to the tour leader.

The tour will proceed as shown in the itinerary unless unavoidable circumstances occur.

Participants may not attempt to change the itinerary during the tour.

While on tour, questions about itinerary or suggestions, requests, etc. are to be posed to the tour leader before bringing to the group for discussion.

If you wish some independent time it is to be arranged with the tour leader beforehand.

You are expected to be on time for daily departures and re-grouping. Everyone will be given the name, address, and phone number of accommodations. Please keep this handy so you can find your own way if the group has to leave without you.

Changes made by the tour leader/guide are necessary and to be honored. They have been made for good reason. Explanations will be given as appropriate, e.g. a political demonstration makes a detour advisable.

Always keep in mind: We are ambassadors for North America. We endeavor to be polite at all times and remember we are guests in someone else's country. Even in crowded situations, pushing and shoving is not acceptable behavior. Acting in an overly dominant manner in stressful situations is unwise and impolite.

If you know that you snore, you are expected to take a single room and pay the single supplement if one applies. Sleep is important for everyone's enjoyment of a tour, including your own.

Every participant in a Sophia Services tour is required to sign this agreement.

I agree to abide by this code of conduct:

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signature

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name