

# Egypt

## In Search of Isis and Osiris through the Ages

with Brian Gray & Ted Mahle from Rudolf Steiner College.

Private group tour, organized by Sarnia Guiton in conjunction with Explore Worldwide.

March 23 – April 07, 2008 (Easter)

Brian Gray and Ted Mahle have co-taught Evolution of Consciousness through the History of Art & Architecture for many years. This deeply knowledgeable team will accompany us as we explore Egypt through all its ages. From the modern streets of Cairo and current life on the banks of the Nile and in the desert, to the Roman and medieval desert sites and ancient pyramids, temples and tombs of the Pharaohs, we will discover the spiritual-artistic development of consciousness in this vibrant and ancient land.

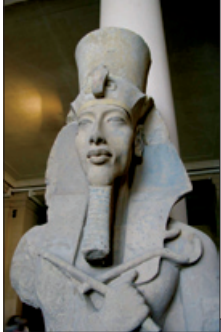


The myth of Isis and Osiris was the framework for the spiritual life in ancient Egypt. How has this developed and what relevance does it have now?

For those who study Egyptology in our present time, many different insights can arise. What was considered known as 'fact' in the Victorian era is now being questioned as further discoveries are made, both physical and spiritual.



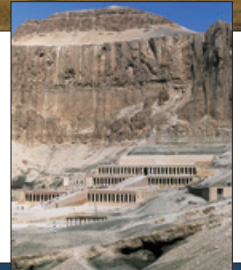
Were the pyramids of Giza truly burial tombs or are they something far more profound and fascinating?



Why are the statues of Akhenaten such a different style to what went before? What prompted this artistic development?

Who was Hatshepsut and why were her statues so thoroughly defaced?

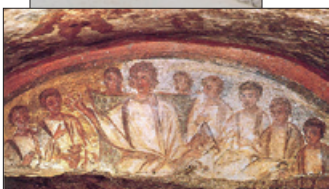
The art of the tombs in the Valleys of the Kings and Queens provides us with a fascinating record of the Egyptian lifestyle in the courts of the Pharaohs. Can we imagine ourselves there?



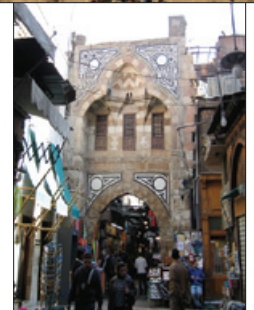
The temples of Philae and Abu Simbel were moved from their original sites which were about to be flooded. This was an international effort. Why? Why did we care? What can we experience there? Why were the temples built in their particular architectural style?



As we leave the Nile valley and venture out into the Western Desert oases, we will witness another aspect of Egyptian life. More recent, yet still very old, are the Roman and Early Christian desert sites. What was the consciousness of these people?



What do we see now in present day Egypt? The vitality of Cairo? The anomaly of a young Muslim woman, university educated, speaking fluent English as she sells fruit from her family's hole-in-the-wall shop?



The modern Bedouin lifestyle? The sculptural art of the man who creates (recycles) from what he finds in the desert?



And, for the future? For those who wish to add an extension to their experience, arrangements can be made to visit Sekem, the Egyptian community of the future for this fascinating country (*pre- or post-tour option*).



Our transport will include flights, private bus, train, felucca sailboat, donkey and camel as well as our feet.

Our accommodation will be twin bed rooms with private bathrooms and 3 overnight camps; one on the felucca sailboat and two in the desert.

All breakfasts are included, 4 lunches and 5 dinners. Our professional tour leader (Explore Worldwide) will advise and lead us to shops and cafes or restaurants for other meals.

Local Egyptian guides, highly educated, will share their knowledge while Brian and Ted will bring aspects from their own studies and spiritual research. Time will be set aside for talks and introductions to sites we will visit.

<b>DAY/DATE</b>	<b>NIGHTSTOPS</b>	<b>ITINERARY</b>	
1 SUN 23-Mar-08	Cairo	Arrive Cairo and transfer to hotel.	Hotel
2 MON 24-Mar-08	Cairo	Visit Egyptian Museum, then Coptic Cairo	Hotel
3 TUE 25-Mar-08	Cairo	Full day tour to Giza, visit interior Great Pyramid, Solar Boat & whole site. Afternoon - Khan Al Kahlili & Islamic Cairo.	Hotel
4 WED 26-Mar-08	El Minya	Visit Saqara, Dahshur and Maidum Pyramids. Overnight in El-Minya	Hotel
5 THU 27-Mar-08	El Minya	Visit Beni Hassan and Tel El Amarna	Hotel
6 FRI 28-Mar-08	Luxor	Visit Abydos and Dendera. Continue to Luxor.	Hotel
7 SAT 29-Mar-08	Luxor	Morning donkey trek to the Valley of the Kings and Temple of Hatshepsut. Afternoon Karnak Temple	Hotel
8 SUN 30-Mar-08	Luxor	Morning tour to Valley of the Queens and Ramesseum, Colossi of Memnon, Medinet Habu, Tombs of the Nobles & Deir El Medina. Afternoon visit Luxor Temple	Hotel
9 MON 31-Mar-08	Aswan	Train to Aswan. Visit Philae and Unfinished Obelisk, evening dinner in Nubian village.	Hotel
10 TUE 01-Apr-08	Felucca	Visit Abu Simbel by air. Felucca to Kom Ombo	Felucca
11 WED 02-Apr-08	Luxor	Visit Kom Ombo. Drive to Luxor via Edfu Temple	Hotel
12 THU 03-Apr-08	Kharga	Drive from Luxor to Kharga. Visit old town, Temple of Hibis and Bagawat Cemetery.	Hotel
13 FRI 04-Apr-08	Dakhla	Drive to old bazaar for visit then continue to Dakhla Oasis, via rock paintings. Visit Ethnographic Museum and El Qasr. Camel ride and overnight desert camp	Desert camp
14 SAT 05-Apr-08	Farafra	Drive to Farafra. Lunch on arrival, then visit orchards and Badr's art gallery. Drive into White Desert and overnight camp.	Desert camp
15 SUN 06-Apr-08	Cairo	Drive to Cairo with stop en route to visit Bahariya and the Golden Mummies.	Hotel
16 MON 07-Apr-08		Transfer to airport for flight home.	

Price includes: itinerary as above including transfers, accommodation on twin share basis, sightseeing, activities and meals listed and accompanied by an Explore leader and some local guides.

Price does not include: international flights, insurance, visas where required, pre- or post-tour option, drinks, tips, items of a personal nature or any services other than those listed.

COST: LAND ONLY                      US \$1895                      Canadian cost according to exchange rate - currently \$1835

Non-refundable deposit of US \$280 or CAN \$300 will hold your place in the group. Space limited.  
Full payment due 8 weeks before departure.

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